

## Devi Abhaya Sutra

Consecrated at the abode of Linga Bhairavi, this sacred thread is supportive in warding off fear and fulfilling ambitions. It is specially made by smearing wet cotton threads with vermilion and offering it to Devi for a certain period of time.

After soaking in Devi's energies, this sacred thread is offered to devotees as a Sutra to be worn on the left wrist for women and the right wrist for men, for a minimum of 40 days.



## How to remove the Sutra after 40 days

Do not cut the sutra. Either untie the knot or hold the strand over a flame to burn it.

Bury it in wet soil. Or burn the sutra and apply these ashes from your vishuddhi (located at the pit of the throat) down to the anahata (at the soft spot just below where the ribcage meets)

