

At the Isha Yoga Center, Turmeric is more than a supplement; it's daily preparation for sadhana. Turmeric helps ease inflammation, supports natural mobility, and promotes internal vitality. In the Yogic system, it is known to bring lightness and clarity to the body, supporting inner focus.

Yogic Wellness draws from a profound understanding of the human system cultivated by ancient yogis. Rooted in this wisdom, holistic sciences like Siddha and Ayurveda offer powerful means to purify, align, and nurture the body and mind — fostering lasting health, clarity, and inner harmony.

Turmeric Powder in Veg Capsules

Each 500mg capsule contains powder of:
Curcuma longa Rz. - 100%

Take 1-2 capsules with warm water every morning, or as directed by the physician

Store in a cool, dry place, away from direct sunlight. Keep the container tightly closed after use.



Yogic Wellness

TURMERIC

THE YOGIC WAY TO BEGIN THE DAY



60 Veg Capsules

Manufactured & Marketed by:

Isha Life Private Limited,
8/93, Siruvani Main Road, Madampatti,
Coimbatore - 641010, Tamilnadu, Bharat.
For return use above address
Mfg. Lic. No.: 1278

For feedback or complaints contact
customer care executive on the Marketed
by address
(91) 80104 79480 | support@ishalife.com

Proceeds from Isha Life are used to bring
well-being to people and communities.



Made in Bharat

Buy online at
ishalife.com

Net Qty: 60 Capsules

Batch No.:

Mfg. - Exp. Date:

MRP (Incl. of all Taxes): ₹

USP (Per Capsule): ₹



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